This list of fiction and nonfiction books, compiled by Erica Bess, Susan Conlon, and Hanna Lee of Princeton Public Library, provides a range of perspectives on the issues raised by the POV documentary Tea Time.

Ritual is often associated with powerful and impersonal institutions, but for five Chilean women, ritual centers on a monthly gathering that has sustained them through 60 years of personal and societal change. *Tea Time* is a charming and poignant look at how a seemingly mundane routine of tea and pastries has helped the well-heeled participants commemorate life’s joys and cope with infidelity, illness and death. A celebration of the small things that help us endure, *Tea Time*, filmed over five years, illuminates a beautiful paradox: As familiar worlds slip away, friendships grow ever stronger and more profound.

**ADULT NONFICTION**

**Collier, Simon and William F. Sater. *A History of Chile, 1808–2002*, 2nd Edition. New York: Cambridge University Press.** Providing an overview of Chilean history, this text employs primary and secondary materials to analyze the nation’s political, economic, and social evolution from independence to 2002. The volume examines in depth the most recent events of Chile’s history: the diversification of its economy, spread of democratic institutions, improvement of public health, and emergence of a rich intellectual culture.


**Fisher, Aaron. *The Way of Tea: Reflections on a Life With Tea*. North Clarendon, VT: Tuttle Pub, 2010.** Fisher examines all aspects of tea, from ancient writings, culture, and tea ceremonies to selecting and preparing teas, as a way to share how this celebrated beverage can bring peace, serenity, and wellness to everyday life.

**Heiss, Mary Lou; Robert J. Heiss. *The Tea Enthusiast’s Handbook: A Guide to Enjoying the World’s Best Teas*. New York: Ten Speed Press, 2010.** This guide offers concise, authoritative advice on understanding, buying, and enjoying the six classes of tea, complete with eye-popping photography, a glossary and a buyer’s guide.

**Hutchison, Elizabeth Quay. *Labors Appropriate to Their Sex: Gender, Labor, and Politics in Urban Chile, 1900–1930*. Durham: Duke University Press, 2001.** As Chile’s industrial growth in the twentieth century transformed labor relations, Quay examines women’s role in working-class history. She challenges previous estimates based on census records showing that female industrial employment declined at the turn of the century. Instead, she argues, female labor disappeared from census records as more women entered industrial sweatshops and other informal roles of employment.

**Kijac, Maria Baez. *The South American Table*. Boston: The Harvard Common Press, 2003.** More than a cookbook, Kijac offers a historical and geographical background to the continent and its dishes. Drawing from research and her own experience of being raised in a large Catholic family of Spanish, Indian, and Portuguese descent, Kijac offers a comprehensive culinary survey of the South American continent.

**Koppel, Lily. *The Astronaut Wives Club: A True Story*. New York: Grand Central Publishing, 2013.** As the world turned its attention to the Mercury Seven for the U.S.’s first missions to space, the astronaut’s wives were becoming celebrities in their own right, meeting with presidents, appearing on the cover of Life Magazine, and becoming fashion icons. Meeting regularly at each other’s homes for tea and to lend support in times of worry and struggle—raising children, divorce, death—the women helped each other through very tumultuous times to form friendships lasting to this day.

**Mooney, Jadwiga E. Pieper. *The Politics of Motherhood: Maternity and Women’s Rights in Twentieth-Century Chile*. Pittsburgh: University of Pittsburgh Press, 2009.** Published shortly after Chile elected its first female president, Michelle Bachelet, in 2006, Mooney explores a contentious and transformative history of women’s rights through the context of motherhood and reproductive rights. Examining health policy and demographic changes, *The Politics of Motherhood* should be a useful study of gender politics and women’s rights in Chile.

**Roth, Philip. *Patrimony: A True Story*. New York: Simon and Schuster, 1991.** When Roth’s aging father suddenly develops an inoperable brain tumor, he is left to watch his normally charming, vibrant and storytelling father slowly pass away. In dealing with the day-to-day struggles of a dying parent, Roth shares the difficult decisions he must face in caring for the ill and elderly, and the responsibility he feels to carry on the memories of his father.

Sisterhood
Secrets of the Ya
between the generations and
twomen meet regularly, naming
a generation as they move from
darughter relationships
families
This epic novel follows four
Tan, Amy.
Walker's support system.
formed at her shop becom
the blue, life begins to unravel.
estranged father appears out of
store by herself. When her
on her own while managing the
yarn shop,
2007.
Night Knitting Club
Jacobs, Kate.
poetry class.
that are taking her summer
facility and the pubescent girls
with her mother in a senior
hometown
Brooklyn for her Minnesota
Upon her release, she flees
lands her in a psychiatric ward.
suffers a mental breakdown that
their 30
year marriage, she
and four mother
Vivi
Picador, 2011.
Without Men
Hustvedt, Siri.
heartwarming tale of friendship.
will bring them together in a
of life embark on a journey that
three completely different walks
search of the best tearooms in
coastal hideaway in England
Greene, Vanessa.
ADULT FICTION
A film by
Delve Deeper into 
Tea Time

ADULT FICTION

Hustvedt, Siri. The Summer Without Men. New York: Picador, 2011. When poet Mia’s husband tells her that he would like to take a break from their 30-year marriage, she suffers a mental breakdown that lands her in a psychiatric ward. Upon her release, she flees Brooklyn for her Minnesota hometown. There, she is drawn to the lives of the women living with her mother in a senior facility and the pubescent girls that are taking her summer poetry class.

Jacobs, Kate. The Friday Night Knitting Club. New York: G.P. Putnam’s Sons, 2007. Georgia Walker, owner of a Manhattan yarn shop, struggles to find balance as she raises her 12-year-old daughter on her own while managing the store by herself. When her estranged father appears out of the blue, life begins to unravel. A loyal knitting group that has formed at her shop becomes Walker’s support system.

Tan, Amy. The Joy Luck Club. New York: Putnam, 1989. This epic novel follows four families—and four mother-daughter relationships—through a generation as they move from China to San Francisco. The women meet regularly, naming themselves The Joy Luck Club. Forty years later, the bonds between the generations and cultures remain.

Wells, Rebecca. Divine Secrets of the Ya-Ya Sisterhood. New York: HarperCollins, 1996. In this exploration of the complexities of parent-child relationships, daughter Sidda and mother Vivi get into a seemingly irreplicable rift over the characterization of Vivi in a New York Times article. In an attempt to repair their relationship, and at the urging of her lifelong friends, the Ya-Yas, Vivi sends Sidda a scrapbook of her childhood secrets and memories to help explain the root of her darkness.

NONFICTION FOR YOUNGER READERS
Gleason, Carrie. The Biography of Tea. New York, NY: Crabtree Pub. Co., 2007. This book describes tea plants, the chemicals in tea leaves, the spread of tea around the world after Europeans traveled to China, tea culture, and tea growing, harvesting, and processing.


FICTION FOR YOUNGER READERS


Konigsburg, E.L. The View From Saturday. Atheneum Books for Young Readers; Reprint edition (February 1, 1998). Four sixth-graders bond sharing afternoon tea parties and become “The Lost Souls,” their middle school’s Academic Bowl team. As they encounter unexpected success, the team members learn a little more about themselves and each other.

O’Connor, Jane, and Robin Preiss Glasser. Fancy Nancy Tea Parties. New York, NY: Harper, 2009. In her own inimitable style, the girl who loves to use fancy words provides tips on how to host the perfect tea party, describing how to behave, food and drinks to serve, games to play, and much more.

Peet, Mal, Elspeth Graham, and Juan Wijngaard. Cloud Tree Monkeys. Somerville, MA: Candlewick Press, 2010. When her mother becomes too ill to harvest tea on the nearby plantation, Shenaz is too small to fill in. But when she tells the monkeys whom she has befriended why she is sad, they bring her a basket filled with rare and valuable wild tea.

Rosenberg, Madelyn. How to Behave at a Tea Party. New York: Katherine Tegen Books, 2014. Julia wants to teach her younger brother Charlie how to have proper manners at a tea party. When things don’t go as planned, Charlie teaches Julia that sometimes it’s okay for the unexpected to happen.