Delve Deeper into Resources for Girls, Teens, and Parents

These books, videos, and web sites provide a range of perspectives on issues raised by upcoming P.O.V./PBS broadcasts of “My American Girls,” “True-Hearted Vixens,” and “5 Girls.”

**Young Adult and Adult Fiction on Teen Issues**

Just about any subject that troubles a teen has been the subject of quality Young Adult and adult fiction. Here’s a sampling:


**Young Adult Nonfiction**

**Dozens of books help girls navigate the sometimes treacherous waters of adolescence.** Valuable books on puberty’s physical changes and sexuality include:


**Some of the special psychological challenges of adolescence are the subject of the following books:**


**Biographies can be a great way for teen girls to explore their own experiences and alternative futures.** Notable recent biographies of women include:


**Web Sites for Teens**

The American Library Association hosts a clearinghouse for teens, accepting and reviewing users’ suggestions of websites and chat rooms that help with homework, personal issues and chat. **Girl Zone is a wide-ranging “teen zine.”** Although mainstream sports media (CNN/SI, ESPN, etc.) sites provide some coverage of women’s sports, the content of Sports for Women is completely devoted to the subject.

**Videos for Parents and Young Adults**

Libraries with active kidvid collections will have videos on most of the teen issues discussed in the nonfiction books listed above. Here is a sampling of contemporary commercial and documentary films addressing similar subjects:


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Instructive resources for parents include:


Web Sites

The sites listed below are designed to help parents cope with the often challenging demands of parenting. All include information on issues like self-esteem, eating disorders, and drug use, chat rooms, advice from experts, and suggestions on other resources. Parents seeking help and support may want to explore several sites to identify the one or two that best fit their needs:

- geoparent.com
- learningnetwork.com
- familyeducation.com
- parentingresources.ncjrs.org
- parentsoup.com
- parentingteens.about.com

www.learningnetwork.com or www.familyeducation.com (a merger of several independent sites)

www.parentingresources.ncjrs.org (a federally sponsored site through the Coordinating Council on Juvenile Justice and Delinquency Prevention)

www.parentsoup.com (part of the ivillage.com portal, billed as “The Women’s Network”)

www.parentingteens.about.com (a parenting site that’s part of the about.com portal)

SEE IT ON PBS

“My American Girls: A Dominican Story” by Aaron Mathews
In vivid verité detail, My American Girls: A Dominican Story captures the joys and struggles over a year in the lives of the Ortiz family, first generation immigrants from the Dominican Republic. From hard-working parents who imagine retiring to their rural homeland to fast-tracking American-born daughters caught between their parent’s values and their own, the film encompasses the contradictions of contemporary immigrant life. (A Latino Public Broadcasting Co-presentation.)

Premieres on PBS Tuesday, July 3, 2001 at 10pm ET (check local television listings) on P.O.V.

“5 Girls” by Maria Finitzo/Kartemquin Films
The world is full of smart, resilient girls, but we don’t often hear about them. From the production company that made Hoop Dreams, 5 Girls shows girls as the heroes of their own lives. Shot over three years, the documentary tracks the lives of Corrie, Toby, Amber, Aisha and Haibinh as they move through their tumultuous teenage years. (A merger of several independent nonfiction film series)

Premieres on PBS Fall 2001 on P.O.V.

To order additional copies of “Delve Deeper into Resources for Girls, Teens, and Parents” contact:

P.O.V./American Documentary, Inc.
32 Broadway, 14th Floor,
New York, NY 10004
Telephone: 212.889.8121 x320
E-mail: library@pov.org

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